Directed acyclic graphs in Neighborhood and Health research (Social Epidemiology)

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Inference in n'hood & health research

N'hood (neighborhood) and health research has to deal with challenging difficulties:

- N'hood factors are distal causes of health: significant causal distance
- Complex causal chains with variables at multiple levels: cross-level mediating mechanisms
- Selective migration as a source of confounding
- Ecological processes generating interdependence among the n'hood exposures
- Feedback loops and reciprocal interactions

Inference in n'hood & health research Randomization in n'hood and health research? (i) of interventions to neighborhoods (ii) of individuals to neighborhoods

(i) Randomized community trials

- in a limited number of n'hoods \rightarrow generalizability?
- only applicable to a restricted range of n'hood exposures
- which of the multiple components is influent?

(ii) Residential relocation programs

- in a limited number of n'hoods
- unnatural scenario + ethical issues

 \rightarrow Interventions often only representative of themselves

 \rightarrow Observational studies remain a key approach

DAGs: GENERAL RATIONALE

Common problems:

- Imprecise identification of research hypotheses
- Inappropriate selection of adjustment variables

Directed Acyclic Graphs (DAGs) allow to:

 graphically encode *a priori* assumptions about causal relations between exposure, outcome, and covariates (before data analysis)

 \rightarrow identify appropriate analytical strategies

 depict alternative sets of causal structures that could give rise to observed associations <u>(after or</u> <u>during data analysis)</u>

Suzuki 2011. Hernán 2004. Glymour 2006

Causal DAGs are composed of:

- <u>nodes</u>: representing (un)measured variables
 - In our case: individuals as units of analysis
 - (n'hood variables reflect n'hood exposures)
- <u>directed</u> arrows (or <u>edges</u>) between variables (most often single-headed)
 - Arrows can be interpreted as direct causal effects
 - Sequence of directed arrows: indirect effect





Greenland 1999. Hernán 2004. Glymour 2006

Formal rules and assumptions of DAGs:

- If two variables in the DAG share a common cause (including an unmeasured one), it has to be reported.
- <u>Acyclic</u>: a variable cannot cause itself (directly or indirectly)





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- A child of a variable / a parent of a variable
- A **descendant** of a variable / an **ancestor** of a variable
- **A path**: a series of lines connecting two variables, regardless of arrowhead direction



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- A collider on a path: a variable with two arrows into it (common effect): where two arrows "collide"

- Unblocked path: sequence of arrows connecting two variables that does not contain a collider



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- Unblocked directed path: sequence of directed arrows
- Unblocked backdoor path: an unblocked path that begins with an arrow pointing into the exposure and ends in an arrow pointing into the outcome



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D-SEPARATION RULES

Pearl 2000

... or how to read the statistical independencies implied by the causal assumptions encoded in the DAG = rules of dependence / independence of the nodes

Causal chain









I and J independent conditional on M (d-separated): directed path blocked

I and J independent conditional on M (d-separated): backdoor path blocked

I and J dependent conditional on M (d-connected): M is a collider

CONDITIONING ON A COLLIDER

Conditioning on a common effect of two variables induces an association between those variables.

"Berkson's paradox"

Having bright political ideas

Professional politician

High personal ambition

- Having bright political ideas and a high personal ambition are not associated in the whole population.

- Among professional politicians: if becoming a professional politician is not explained by one's bright ideas, then personal ambition is likely to be present...

D-SEPARATION RULES

The d-separation rules imply the following:

- XY marginally dependent
- XZ marginally dependent
- XZ independent conditional on Y
- XU marginally independent
- XU dependent conditional on Y
- XU dependent conditional on Z



Pearl 2000 Glymour 2006

The Causal Markov Assumption: if we hold constant the direct causes of Y, any variable Z will be independent of Y, unless Z is an effect of Y

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CLASSIFICATION OF BIAS

Apart from random variations, 3 basic causal structures (and more complex ones) can explain an association between an exposure (E) and a disease (D):

Cause and effect

 $E \longrightarrow D$

 $D \longrightarrow F$

Common cause

Hernán. A structural approach to selection bias. Epidemiology 2004.

Confounding bias:

there is a common cause of E and D Common effect E^{.....D}

Selection bias (collider bias): conditional association within strata of a

common effect

APPLICATION of DAGs in N'HOOD & HEALTH RESEARCH

- 1. Identifying variables that need to be adjusted for in estimating n'hood health effects
- 2. Why adjusting for a mediator does not necessarily estimate the direct n'hood effect?
- 3. Why sample selection results in spurious associations between n'hoods and health?

Glymour 2006 Fleisher 2008

- **Aim:** identify the set S of variables that needs to be adjusted for to estimate the (total) causal effect
- "Backdoor test for sufficiency":
- S is sufficient for adjustment...
 - if no variable in S is a descendant of the exposure (to avoid overadjustment) or the outcome
 - if every unblocked backdoor path between the exposure and the outcome is intercepted by a variable in S
- If there is a collider on a exposure-outcome path:
 - we must not condition either on the collider or on any of its descendants
 - or every unblocked path induced by adjustment for the collider must be intercepted by a variable in S

Greenland 1999. Glymour 2006. Fleisher 2008.

Steps to determine the set of covariates S:



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1) Delete all arrows emanating from the exposure



Steps to determine the set of covariates S:

2) Draw undirected arcs to connect every variable that share a child or a descendent in S



ADJUSTMENT OF N'HOOD EFFECTS (2) Steps to determine the set of covariates S: 3) Mentally remove backdoor paths that are blocked by a variable in S



ADJUSTMENT OF N'HOOD EFFECTS (2) Steps to determine the set of covariates S: 4) Redefine the adjustment set and identify the "minimally sufficient adjustment set"



Steps to determine the set of covariates S:

2) Draw undirected arcs to connect every variable that share a child or a descendent in S



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Estimating a direct effect by conditioning on a mediator

- The total effect is not confounded.
- In case of confounding between the mediator and the outcome, adjusting for the mediator (as a collider) will induce a spurious association between the exposure and outcome.



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SAMPLE SELECTION BIAS

Sample selection bias may occur if study participation depends on both the exposure and the outcome or their causes.



Chaix et al. Epidemiology 2011



MODELING OF STUDY PARTICIPATION

Multilevel Poisson model for participation of populations in the RECORD Cohort Study

Relatively large variance between neighborhoods



Low participation (-25% and more)	Out of study territory
ingh participation (+25% and more)	

PRR*(95% CI) Individual education (vs. low) Medium 1.90 (1.74, 2.08) High 4.25 (3.87, 4.67) Distance to the center (vs. long) Medium-long 1.19 (1.09, 1.30) Medium-short 1.45 (1.32, 1.58) Short 1.75 (1.60, 1.91) Median income (vs. low) Medium-low 1.20 (1.09, 1.32) Medium-high 1.29 (1.14, 1.45) High 1.39 (1.20, 1.60) Mean real estate prices (vs. low) Medium-low 1.10 (1.00, 1.21) Medium-high 1.11 (1.00, 1.24) 1.23 (1.09, 1.39) High % looking for work (vs. low) Medium-low 1.01 (0.93, 1.10) 1.18 (1.06, 1.31) Medium-high High 1.31 (1.15, 1.47) % of area with buildings (vs. high) Medium-high 1.13 (1.03, 1.23) Medium-low 1.26 (1.14, 1.39) Low 1.37 (1.23, 1.51) Building height (vs. high) Medium-high 1.11 (1.03, 1.21) Medium-low 1.27 (1.16, 1.39) Low 1.27 (1.15, 1.40)

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*PRR, Prevalence rate ratio

Neighborhood education and type 2 diabetes

- Weak association between neighborhood average education and prevalence of type 2 diabetes after adjustment for individual socioeconomic characteristics

 Association between n'hood education and diabetes

 Neighborhood education (vs. high)
 OR
 (95% Crl)

 Medium-high
 1.05
 (0.70 – 1.56)

 Medium-low
 1.19
 (0.80 – 1.75)

 Low
 1.56
 (1.06 – 2.31)

None of the identified
 n'hood determinants of
 study participation
 biased the relationship
 of interest



Neighborhood education and type 2 diabetes

- Unmeasured n'hood determinants of participation could also bias the relationship between n'hood education and diabetes: positive association with diabetes

- Unmeasured n'hood determinants of participation were assessed with the n'hood random effect of the model for participation



- Correlation between n'hood education and the participation random effect:

- in the population: r = -0.004 (-0.005, -0.002) [N = 3.1 m]

- in the sample: r = -0.14 (-0.17, -0.12) [N = 7233]

Neighborhood education and type 2 diabetes

 \rightarrow Adjust for the random effect reflecting variations in participation (a model-based value implying uncertainty)

Modeling inspired from: Heckman JJ. Sample selection bias as a specification error. *Econometrica 1979;47:153-61.*

Joint estimation of the 2 models through MCMC:

Model for participation Model for diabetes

$$Log(\lambda_{ij}) = \beta_0 + \Sigma \beta_i X_i + S_j$$

$$\operatorname{ogit}(\mathbf{p}_{ij}) = \beta'_{0} + \Sigma \beta'_{i} \mathbf{X}_{i} + \gamma \mathbf{s}_{j} + \mathbf{u}_{j}$$

	Initial model	Model with correction
Neighborhood education (vs. high)	OR (95% Crl)	OR (95% Crl)
Medium-high	1.05 (0.70 – 1.56)	1.01 (0.68 – 1.48)
Medium-low	1.19 (0.80 – 1.75)	1.15 (0.78 – 1.69)
Low	1.56 (1.06 – 2.31)	1.44 (0.98 – 2.13)

CONCLUSION

- DAGs are useful because they challenge researchers: - to formalize their research hypotheses
 - to provide rationale for their analytic strategies
 (ex: avoid the "kitchen sink approach" to adjustment)
- Relevant developments based on DAGs:
- 1) Standardized methods to explore the coherence between alternative DAGs and empirical data
 - (e.g., c-equivalence, Pearl 2009) (D. Evans, EHESP)
- 2) DAGs cannot encode assumptions on the strengths of associations \rightarrow It is important to develop methods to place bounds on the amount of bias likely to be present under different assumptions.
- 3) Integration of interactions in DAGs, etc.

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