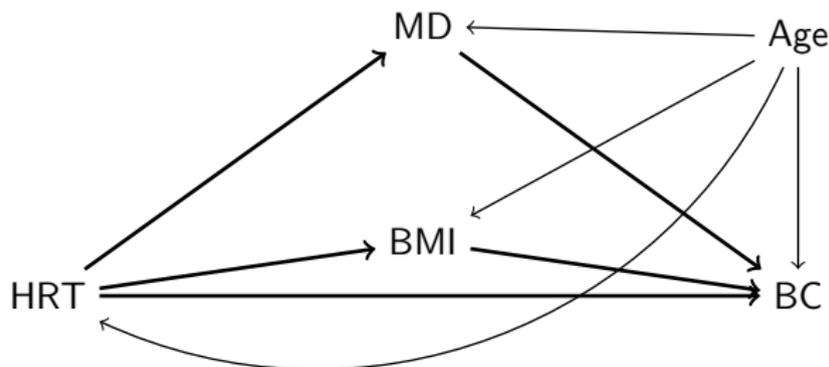


# Mediation analysis and effect of hormone replacement therapy on breast cancer: methodological developments and applications to E3N data

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# Motivation



- HRT: hormone replacement therapy
- BC: breast cancer
- MD: mammographic density

Questions:

- What is the **indirect** effect of HRT on BC through MD? And through BMI?
- What is the **direct** effect of HRT on BC through other pathways?



Allan Jérolon\*, Laura Baglietto, Etienne Birmelé, Flora Alarcon and Vittorio Perduca

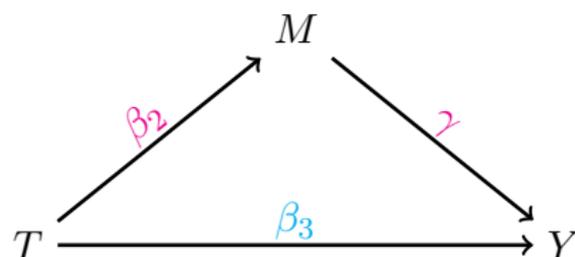
## **Causal mediation analysis in presence of multiple mediators uncausally related**

- 1 Introduction to causal mediation analysis
  - Counterfactual framework
  - Direct and indirect effects
  - Inference
- 2 Mediation with multiple non-ordered mediators
  - Multiple mediators
  - Simulation study
- 3 Application to E3N data (Laura)

# Mediation analysis with linear models

$$M = \alpha_2 + \beta_2 T + \epsilon_2$$

$$Y = \alpha_3 + \beta_3 T + \gamma M + \epsilon_3$$



Effects of  $T$  onto  $Y$  (Baron and Kenny 1986):

- direct:  $\beta_3$
- indirect:  $\beta_2\gamma$
- total =  $\beta_2\gamma + \beta_3 = \beta_1$  with  $Y = \alpha_1 + \beta_1 T + \epsilon_1$

Definitions for other models (eg glms)? And what if underlying parametric models are unknown?

⇒ Causal (counterfactual) framework

# The counterfactual framework

- $T_i$  binary treatment,  $Y_i$  outcome
- for each individual  $i$ , two potential outcomes:
  - $Y_i(0)$  = outcome if we do not apply the intervention (ie  $T_i = 0$ )
  - $Y_i(1)$  = outcome if we apply the intervention (ie  $T_i = 1$ )
- only one of the two is observed:  $Y_i(t) = Y_i$  conditionally to  $T_i = t$  (consistency relation)

$T_i$	$Y_i$	$Y_i(0)$	$Y_i(1)$
0	0	0	NA
0	0	0	NA
0	1	1	NA
1	1	NA	1
1	1	NA	1
1	0	NA	0

# Average causal effect

- The average causal effect of  $T$  on  $Y$  is

$$\tau = E[Y(1)] - E[Y(0)]$$

- If  $T$  is independent from  $Y(1)$  and  $Y(0)$  (*conditional ignorability*), then  $\tau$  is identifiable:

$$\tau = E[Y|T = 0] - E[Y|T = 1].$$

⇒ Randomized Controlled Trials are the gold standard to estimate  $\tau$

- If  $T$  is independent from  $Y(1)$  and  $Y(0)$  conditionally on  $X$ , then  $\tau$  is identifiable:

$$\tau = \sum_x (E[Y|X = x, T = 1] - E[Y|X = x, T = 0]) P(X = x).$$

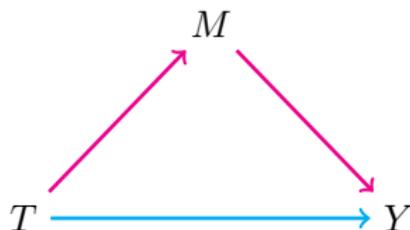
We say that  $X$  *deconfounds* the relationship between  $T$  and  $Y$

⇒ in observational studies,  $\tau$  can be estimated if all confounders of the relation between  $T$  and  $Y$  are observed

# Simple mediation analysis

Goal is to explain the causal effect of  $T$  on  $Y$  by decomposing it in two parts:

- **direct** effect
- **indirect** effect through an intermediate variable  $M$

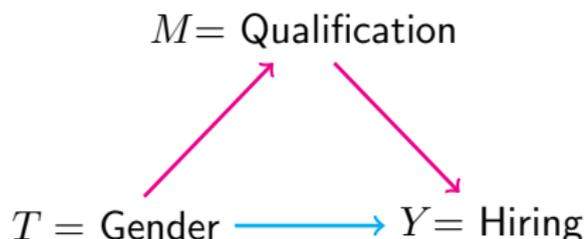


Two types of counterfactuals:

- Potential mediators:  $M(0)$ ,  $M(1)$
- Potential outcomes:
  - $Y(0, M(0)) = Y(0)$ ,  $Y(1, M(1)) = Y(1)$
  - $Y(0, M(1))$ ,  $Y(1, M(0))$  (nested counterfactuals)

# How to define the direct (and indirect) effects? (II)

Example: employment discrimination

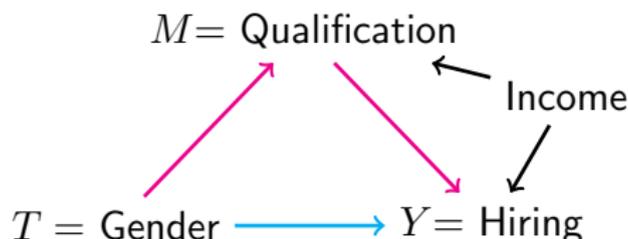


- we might think to condition on  $M$  to block the indirect path  
Gender  $\rightarrow$  Qualification  $\rightarrow$  Hiring
- ... but in general this **not right!**
- in presence of a common cause between  $M$  and  $Y$ , say Income, conditioning on  $M$  is conditioning on a collider
- this will open the spurious path

Gender  $\rightarrow$  Qualification  $\leftarrow$  Income  $\rightarrow$  Hiring

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Gender  $\rightarrow$  Qualification  $\leftarrow$  Income  $\rightarrow$  Hiring

Instead of *conditioning*, we *intervene* so to remove the edge  $T \rightarrow M$ . The direct effect is then measured by comparing the two outcomes of  $Y$

- obtained after setting  $T$  to its reference and alternative level (*had the employee been of a different sex*)
- while intervening on  $M$  to set it to a given value (*and everything else had been the same*).

This leads to the definition of controlled direct effect:

$$CDE(m) = E[Y(1, m)] - E[Y(0, m)]$$

# Natural direct and indirect effects

- In order to define the indirect effect of  $X$  on  $Y$  through  $M$  we cannot intervene on  $M$  as above.
- Instead, we make personalised interventions and *set  $M_i$  at the value that it would have under the intervention  $T_i = 0$ , ie  $M_i(0)$*
- This leads to the definition of the natural **direct** effect (NDE) (Pearl 2001):

$$\zeta(0) = E[Y(1, M(0))] - E[Y(0, M(0))]$$

- We can also define natural **indirect** effect (NIE):

$$\delta(1) = E[Y(1, M(1))] - E[Y(1, M(0))]$$

- We have the decomposition:

$$\tau = \zeta(0) + \delta(1)$$

# Sequential Ignorability (I)

## SI assumptions (Imai et al 2010)

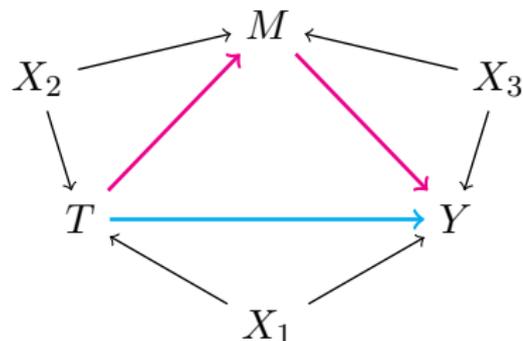
For all  $t, t', m$ :

$$T \perp\!\!\!\perp \{M(t), Y(t', m)\} | X = x \quad (1)$$

$$M(t) \perp\!\!\!\perp Y(t', m) | T = t, X = x \quad (2)$$

Interpretation:

- (1)  $\Rightarrow$   $X$  deconfounds the relationships  $T \rightarrow M$  and  $T \rightarrow Y$
- (2)  $\Rightarrow$   $T$  and  $X$  deconfound the relationship  $M \rightarrow Y$
- (1) and (2)  $\Rightarrow$  No element in  $X$  is causally affected by  $T$



# Sequential Ignorability (II)

- (1) holds true if the treatment is randomized
- (2) may not hold even in randomized experiments
- SI cannot be directly tested on the observed data: how do we know that all pre-treatment confounders are measured and that there are no pos-treatment confounders?
- $\Rightarrow$  sensitivity analysis methods

## Theorem (Imai et al 2010, Pearl 2001)

*Under sequential ignorability, NDE and NIE are identified by*

$$\zeta(t) = \sum_m \sum_x (E[Y|M = m, T = 1, X = x] - E[Y|M = m, T = 0, X = x]) \\ \times P(M = m|T = t, X = x) \times P(X = x)$$

$$\delta(t) = \sum_m \sum_x E[Y|M = m, T = t, X = x] \\ \times (P(M = m|T = 1, X = x) - P(M = m|T = 0, X = x)) \times P(X = x)$$

- We can obtain Monte-Carlo estimates of NDE and NIE by simulating the counterfactuals:
  - sample  $M(t')$  from a model  $M \sim T+X$
  - given this draw, sample  $Y(t, M(t'))$  from a model  $Y \sim T+M+X$
  - compute the empirical means of the appropriate counterfactuals
- Estimators' variance can be obtained by bootstrap or by simulating the model parameters from their sampling distributions (quasi-Bayesian MC approximation)
- Both approaches implemented in the `mediation` R package (Tingley et al 2014)

- Inference:

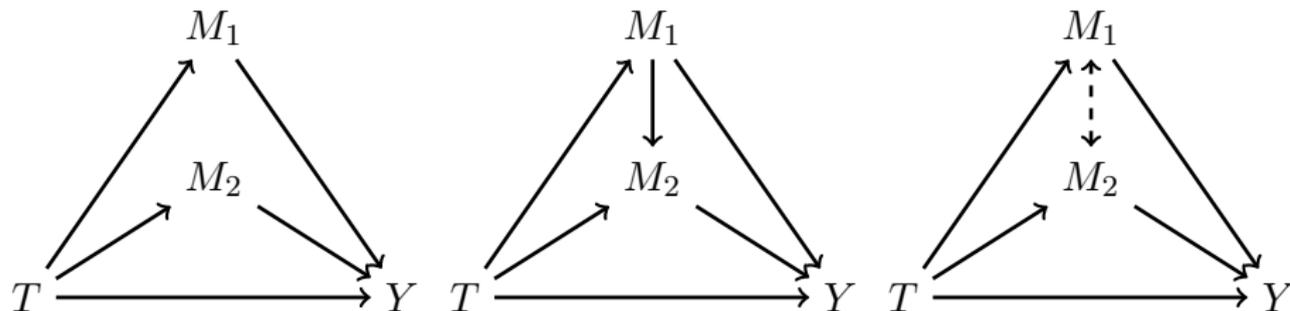
<i>Mediator model types</i>	<i>Outcome model types</i>						
	Linear	GLM	Ordered	Censored	Quantile	GAM	Survival
Linear ( <code>lm/lmer</code> )	✓	✓	✓*	✓	✓	✓*	✓
GLM ( <code>glm/bayesglm/ glmer</code> )	✓	✓	✓*	✓	✓	✓*	✓
Ordered ( <code>polr/bayespolr</code> )	✓	✓	✓*	✓	✓	✓*	✓
Censored ( <code>tobit via vglm</code> )	–	–	–	–	–	–	–
Quantile ( <code>rq</code> )	✓*	✓*	✓*	✓*	✓*	✓*	✓
GAM ( <code>gam</code> )	✓*	✓*	✓*	✓*	✓*	✓*	✓*
Survival ( <code>survreg</code> )	✓	✓	✓*	✓	✓	✓*	✓

- Sensitivity analysis (robustness to the assumption that  $X$  deconfounds  $M \rightarrow T$ ):

<i>Mediator model types</i>	<i>Outcome model types</i>	
	Linear	Binary probit
Linear	✓	✓
Binary probit	✓	–

# Multiple mediation

Three possible situations with multiple mediators, conditionally on treatment and measured covariates:



(a) Independent

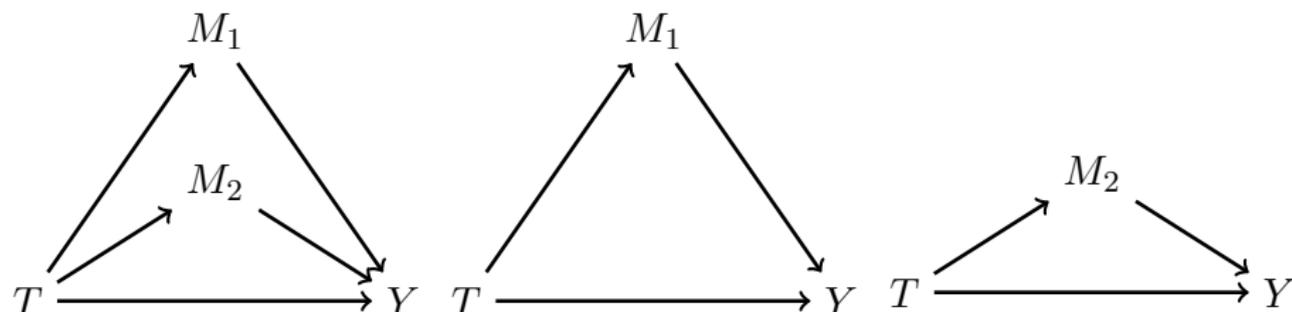
(b) Causally related

(c) Correlated

We focus on situations (a) and (c)

# Simple mediation analysis in parallel

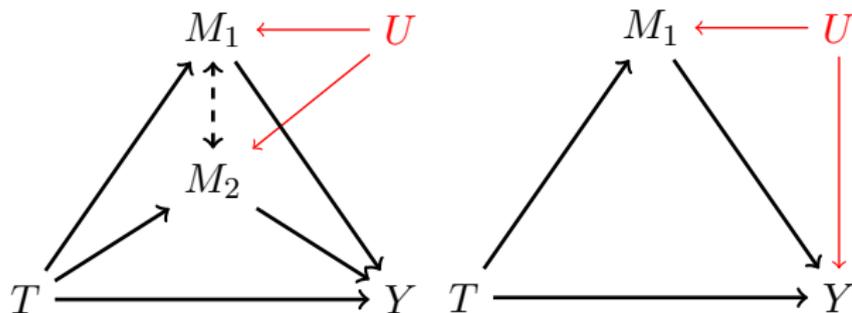
When mediators are independent, a simple approach is to process one simple mediation analysis per mediator



- Approach implemented in the `mediation` package
- This will lead to biased estimates of the direct effect
- Moreover this approach is not valid if mediators show spurious correlation after adjustment on  $T$  and  $X$

# The problem with correlated mediators

- Mediators can be correlated because of an unmeasured common cause  $U$
- In this case  $U$  is an unmeasured confounder between  $M_1$  and  $Y$



- SI is violated  $\Rightarrow$  standard analysis leads to biased estimates of the direct and indirect effects

# Empirical illustration

## Results of the mediation package

Effects	$\delta_1 = 3$	$\delta_2 = 24$	$\delta_Z = 27$	$\zeta = 35$
$\rho = 0$				
S.A. $M_1$	2.68[1.98;3.52]	-	-	59.22[58.05;60.34]
S.A. $M_2$	-	23.69[21.81;25.52]	-	38.2 [36.64;39.84]
$\rho = 0.9$				
S.A. $M_1$	8.30 [6.95;9.72]	-	-	53.6 [53.04;54.24]
S.A. $M_2$	-	34.83 [33.21;36.5]	-	27.06 [26.16;27.99]

Effects	$\tau = 62$
$\rho = 0$	
S.A. $M_1$	61.9[60.82;63.00]
S.A. $M_2$	61.89 [60.86;62.98]
$\rho = 0.9$	
S.A. $M_1$	61.9 [60.39;63.36]
S.A. $M_2$	61.9 [60.45;63.32]

S.A. : simple analysis

- We provide conditions under which the joint indirect effect and the direct effect are identified
- In general the indirect effect of each mediator is not identifiable
- If the mediators are jointly distributed according a multivariate normal or probit law, then the indirect effect of each mediator is identified
- Our inference algorithms are implemented in the `multimediate` R package

# multimediate package (A.Jérolon)

<i>Mediators</i>	<i>Outcome</i>			
	Linear	Binary	Ordered categorical	Non-ordered categorical
1) Linear	✓	✓	✓	✗
2) Binary (Probit)	✓	✓	✓	✗
3) Ordered categorical (Probit)	✓	✓	✓	✗
4) Non-ordered categorical	✗	✗	✗	✗
Mix of 1), 2) and 3)	✓	✓	✓	✗

Available at [github.com/AllanJe/multimediate](https://github.com/AllanJe/multimediate)

# Simulations: simple analysis vs our multiple analysis

Effects	$\delta_1 = 3$	$\delta_2 = 24$	$\delta_Z = 27$	$\zeta = 35$
$\rho = 0$				
S.A. $M_1$	2.68[1.98;3.52]	-	-	59.22[58.05;60.34]
S.A. $M_2$	-	23.69[21.81;25.52]	-	38.2 [36.64;39.84]
M.A.	2.78 [2.26;3.27]	23.85 [22.7;24.97]	26.63 [25.35 ; 27.85]	35.27 [34.53;36.02]
$\rho = 0.9$				
S.A. $M_1$	8.30 [6.95;9.72]	-	-	53.6 [53.04;54.24]
S.A. $M_2$	-	34.83 [33.21;36.5]	-	27.06 [26.16;27.99]
M.A.	2.94 [2.35;3.58]	24.13 [22.33;25.95]	27.07 [25.36 ; 28.75]	34.83 [33.61;36.2]

Effects	$\tau = 62$
$\rho = 0$	
S.A. $M_1$	61.9[60.82;63.00]
S.A. $M_2$	61.89 [60.86;62.98]
M.A.	61.89 [60.71;62.95]
$\rho = 0.9$	
S.A. $M_1$	61.9 [60.39;63.36]
S.A. $M_2$	61.9 [60.45;63.32]
M.A.	61.9 [60.75;63.07]

S.A. : simple analysis in parallel, mediation package

M.A.: multimediate

# Conclusion of the first part

- Mediation: *handle with care!*
  - requires a causal model
  - focus is on quantifying the effects, not on validating the model
  - sensitive to assumptions that are hard to interpret and test
- Further research needed to extend sensitivity methods
- Counterfactual framework: sound definitions, inferential results, algorithms
- Multiple mediation: modelling even more challenging, we developed methods to estimate the indirect effects through individual mediators in the situation of non-causally correlated mediators
- Multiple mediation in high dimension: ongoing project

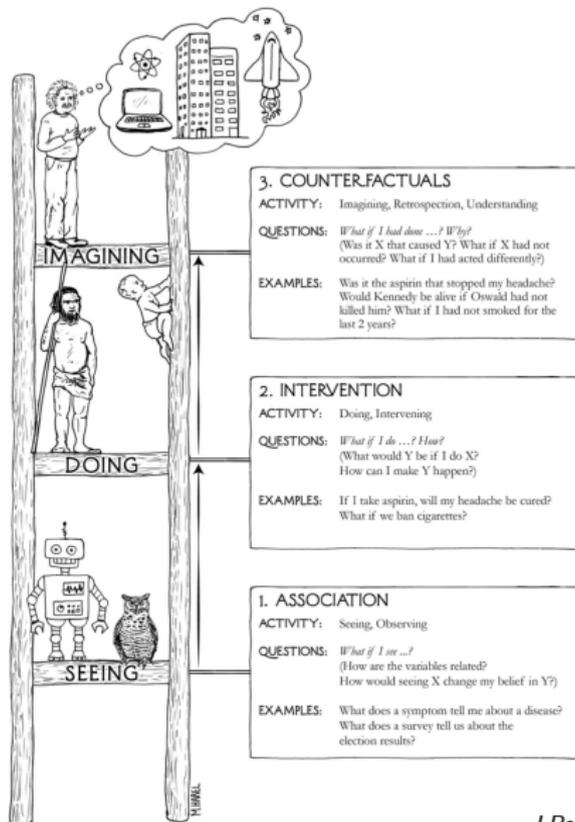
## Acknowledgments

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## Supplemental slides



# How to define the direct (and indirect) effects? (I)

Example: employment discrimination

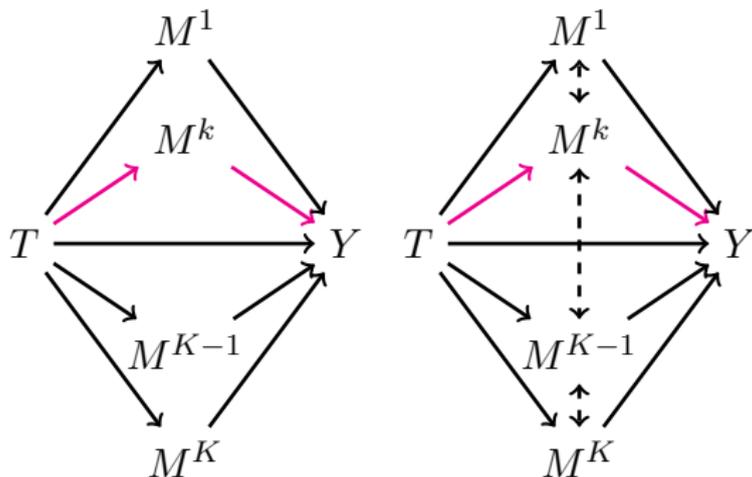
- Does applicants' gender have a **direct** influence on hiring, regardless the **indirect** effect it might have through their qualification?
- It is not clear how these effects should be defined
- According to case law:

“The central question in any employment-discrimination case is whether the employer would have taken the same action **had the employee been of a different** race (age, **sex**, religion, national origin etc.) **and everything else had been the same.**” (Carson versus Bethlehem Steel Corp., 70 FEP Cases 921, 7th Cir. (1996), Quoted in Gastwirth 1997.)

- The idea is to hold Qualification steady and measure the remaining relationship between Gender and Hiring, but how?

# Natural indirect effect through individual mediators

NIE through  $M^k$  :

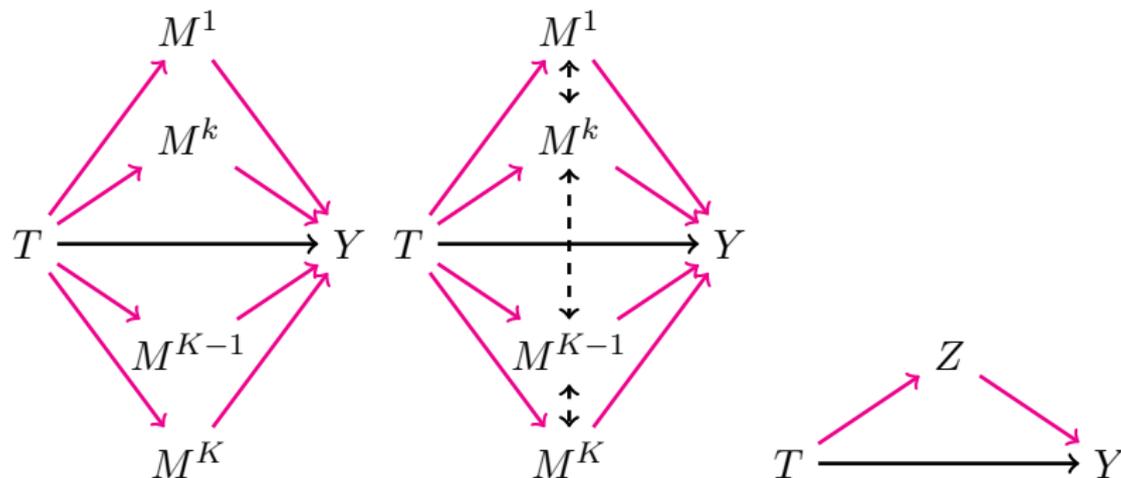


$$\delta^k(t) = \mathbb{E}[Y(t, M^k(1), W^k(t))] - \mathbb{E}[Y(t, M^k(0), W^k(t))],$$

where  $W^k$  is the vector of all mediators but  $M^k$

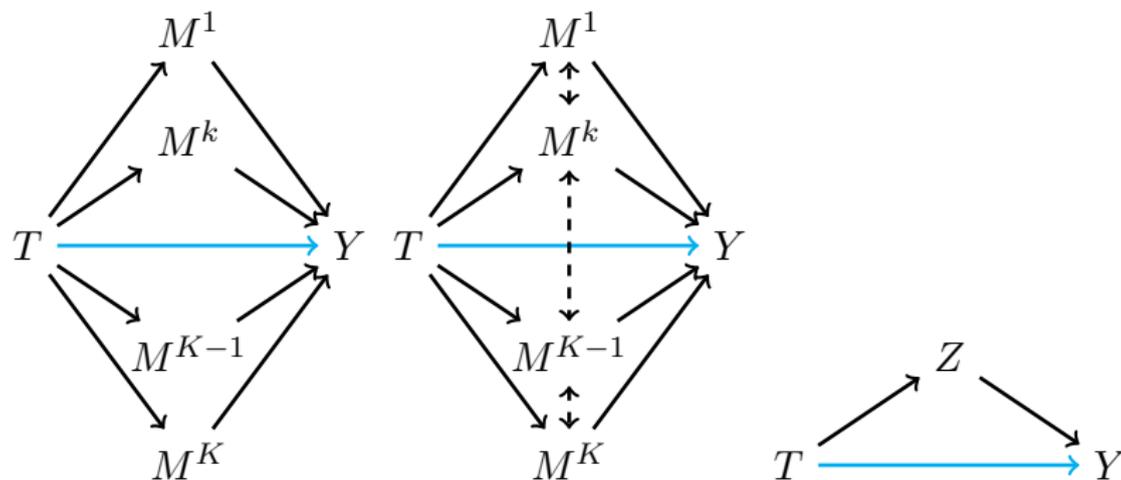
# Joint natural indirect effect

NIE through all mediators taken jointly:

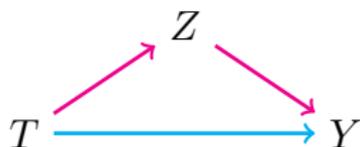


$$\delta^Z(t) = \mathbb{E}[Y(t, Z(1))] - \mathbb{E}[Y(t, Z(0))]$$

# Natural direct effect



$$\zeta(t) = \mathbb{E}[Y(1, Z(t))] - \mathbb{E}[Y(0, Z(t))]$$



$$\tau = \mathbb{E}[Y(1, Z(1))] - \mathbb{E}[Y(0, Z(0))]$$

$$\tau = \delta^Z(t) + \zeta(1 - t)$$

# Multiple independent mediators

NIE and NDE are non-parametrically identified under the assumption

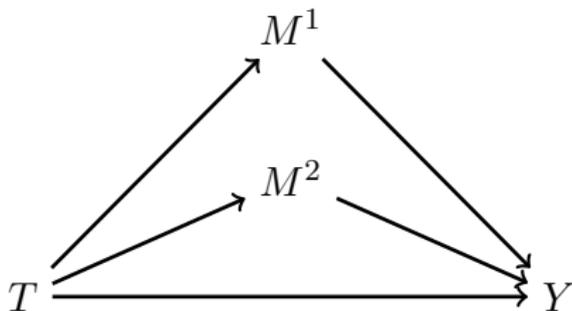
SI (Imai et al 2013)

For all  $t, t', m^1, m^2$

$$\{Y(t, m^1, m^2), M^1(t'), M^2(t'')\} \perp\!\!\!\perp T | X = x \quad (3)$$

$$Y(t', m^1, M^2(t')) \perp\!\!\!\perp M^1(t) | T = t, X = x \quad (4)$$

$$Y(t', M^1(t'), m^2) \perp\!\!\!\perp M^2(t) | T = t, X = x \quad (5)$$



# Multiple independent mediators

NIE and NDE are non-parametrically identified under the assumption

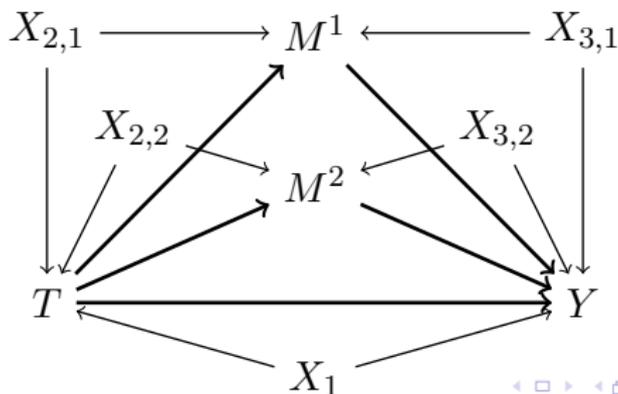
SI (Imai et al 2013)

For all  $t, t', m^1, m^2$

$$\{Y(t, m^1, m^2), M^1(t'), M^2(t'')\} \perp\!\!\!\perp T | X = x \quad (3)$$

$$Y(t', m^1, M^2(t')) \perp\!\!\!\perp M^1(t) | T = t, X = x \quad (4)$$

$$Y(t', M^1(t'), m^2) \perp\!\!\!\perp M^2(t) | T = t, X = x \quad (5)$$



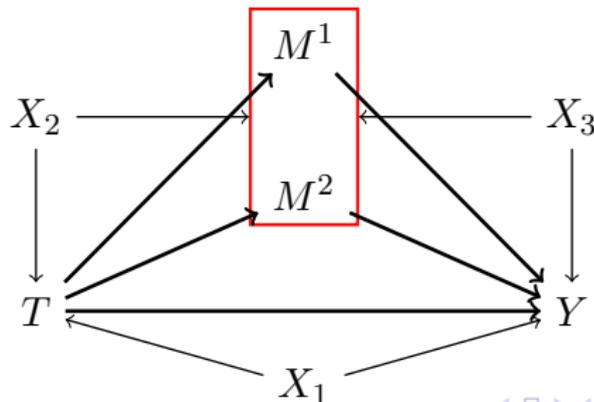
We replace the previous SI assumption with

**Sequential Ignorability for Multiple Mediators Assumption (Jérolon et al 2018):**

For all  $t, t', t'', m, w$ :

$$\{Y(t, m, w), M(t'), W(t'')\} \perp\!\!\!\perp T | X = x \quad (6)$$

$$Y(t, m, w) \perp\!\!\!\perp (M(t'), W(t'')) | T, X = x \quad (7)$$



# Principal theoretical result

## Theorem (Jérolon et al 2018)

*The joint NIE and NDE are identified non-parametrically by:*

$$\begin{aligned}\delta^Z(t) &= \int_{\mathbb{R}^K} \mathbb{E}[Y|Z = z, T = t] \{dF_{Z|T=1}(z) - dF_{Z|T=0}(z)\} \\ \zeta(t) &= \int_{\mathbb{R}^K} \mathbb{E}(Y|Z = z, T = 1) - \mathbb{E}(Y|Z = z, T = 0) dF_{Z|T=t}(z)\end{aligned}$$

*The NIE of the  $k$ -th mediator is given by*

$$\begin{aligned}\delta^k(t) &= \int_{\mathbb{R}^K} \mathbb{E} \left[ Y | M^k = m, W^k = w, T = t \right] \\ &\quad \{dF_{(M^k(1), W^k(t))}(m, w) - dF_{(M^k(0), W^k(t))}(m, w)\}\end{aligned}$$

N.B. Conditioning on  $X$  omitted for sake of simplicity

## Corollary: LSEM

Consider the LSEM:

$$\begin{aligned}Z &= \alpha_2 + \beta_2^\Gamma T + \Upsilon_2, \text{ where } \Upsilon_2 \sim \mathcal{N}(0, \Sigma) \\Y &= \alpha_3 + \beta_3 T + \gamma^\Gamma Z + \epsilon_3\end{aligned}$$

Under SIMMA the NIE of the  $k$ -th mediator is identified by

$$\delta^k(0) = \delta^k(1) = \gamma_k \beta_2^k$$

Moreover the joint NIE is given by

$$\delta^Z(t) = \sum_{k=1}^K \delta^k(t)$$

and the NDE is

$$\zeta(0) = \zeta(1) = \beta_3$$

## Corollary: binary outcome (I)

Consider the following model, where  $Y$  is binary:

$$\begin{aligned}Z &= \alpha_2 + \beta_2^\Gamma T + \Upsilon_2, \text{ where } \Upsilon_2 \sim \mathcal{N}(0, \Sigma) \\Y^* &= \alpha_3 + \beta_3 T + \gamma^\Gamma Z + \epsilon_3, \text{ where } \epsilon_3 \sim \mathcal{N}(0, \sigma_3^2) \text{ ou } \mathcal{L}(0, 1) \\Y &= \mathbb{1}_{\{Y^* > 0\}}\end{aligned}$$

Under SIMMA the NIE of the 1st mediator is given by:

$$\begin{aligned}\delta^1(t) &= F_U \left( (\alpha_3 + \sum_{k=1}^K \gamma_k \alpha_2^k) + (\beta_3 + \sum_{k=2}^K \gamma_k \beta_2^k) t + \gamma_1 \beta_2^1 \times \mathbf{1} \right) \\&\quad - F_U \left( (\alpha_3 + \sum_{k=1}^K \gamma_k \alpha_2^k) + (\beta_3 + \sum_{k=2}^K \gamma_k \beta_2^k) t + \gamma_1 \beta_2^1 \times \mathbf{0} \right)\end{aligned}$$

## Corollary: Binary Outcome (II)

... where, for a probit regression of  $Y$ :

$$F_U(z) = \Phi \left( \frac{z}{\sqrt{\sigma_3^2 + \sum_{k=1}^K \sum_{j=1}^K \gamma_k \gamma_j \text{cov}(\epsilon_2^k, \epsilon_2^j)}} \right)$$

and for a logit regression of  $Y$ :

$$F_U(z) = \int_{\mathbb{R}} \Phi \left( \frac{z - e_3}{\sqrt{\sum_{k=1}^K \sum_{j=1}^K \gamma_k \gamma_j \text{cov}(\epsilon_2^k, \epsilon_2^j)}} \right) \frac{e^{e_3}}{(1 + e^{e_3})^2} de_3$$

Similar formulas for the joint NIE and NDE

# Algorithm for parametric inference (quasi-Bayesian MC)

Instead of the previous corollaries one can apply the following algorithm:

- Step 1. Fit models  $Z \sim T+X$  and  $Y \sim T+Z+X$
- Step 2. Sample many times the model parameters from their sampling distribution
- Step 3. For each draw, repeat the following steps:
  - a. Simulate the potential values of the mediators
  - b. Simulate the the potential outcome
  - c. Compute the effect of interest as mean of the appropriate potential outcomes
- Step 4. Compute summary statistics from the empirical distribution of the effect of interest obtained as above